

DRNPHC - Community Support Team November & December NEWSLETTER Normandy Heights

Welcome to the DRNPHC's Community Support Newsletter!

*Pet Reminders & Service Animals:

Please ensure that your dog is properly restrained on leash and under your control at all times to ensure they are not approaching other people or animals. Please clean up after your pets in your yard and in the common areas.

Many tenants have **service animals** that have a distinguishing vest to demonstrate they are on duty. Please DO NOT interact with a working animal by petting, calling, talking, giving treats, guiding, steering or holding this animal without permission from their owner. This allows these trained animals to provide the best possible support to their persons.

*Community Safety Talk

439 Dean Ave, Oshawa Community Room- Please buzz 'DRNPHC Groups'

Thursday November 13, 2025 @ 6pm-8pm

Join us for an evening of community safety discussions with Durham Regional Police Services. These discussions will include tips and strategies to help keep you and your community safe, how to avoid fraud and online safety. There is no RSVP necessary, ALL tenants are welcome to this FREE event!

Durham Regional Police Services (DRPS)

The DRPS will be onsite often to engage with the surrounding communities, helping to bring together and build your community. Come say hi and engage with your local police officer! This also includes police participation during our children/youth groups! We hope for a positive impact within your community!

Holiday Season Hampers Support

With the holiday season approaching us soon, it can be overwhelming trying to find resources available during this time. If you need help for items, whether it be food or toys and gifts, please reach out to the Community Support Specialist Marni Bell: 905 436 6610 ext. 233 or Marni.Bell@durham-housing.com

FREE Community Program Activities: * At 439 Dean Avenue, Oshawa - Please buzz 'DRNPHC Groups'

Tuesdays (weekly) - Adults/Seniors Activities (10am - 11am)

Wednesdays (weekly) - Children/Youth Activities (4pm - 5pm)

The CSP Team will continue the child/youth activity groups, <u>weekly for 1 hour</u>. These groups are designed for all age groups. Some activities include movie day, arts & crafts and more! The adults/senior's groups will also be continuing, bringing activities each week. Please see the calendar for the schedule! No sign up needed, come on by!

*FREE Monthly Adult & Seniors Groups - *Takes place at 436 Dean Seniors Building Community Room

Wednesday November 19, 2025 - 6pm - 7pm - Wellness: Mental & Physical

Wednesday December 17, 2025 - 6pm - 7pm - Coping with Holiday Stress

The CSP Team will be providing evening groups at the onsite community centre once a month for all tenants to enjoy. These groups will focus on community building, skills development, and educational topics of interest, based on the tenant surveys!

Brunchkins: At 439 Dean Avenue, Oshawa - Please buzz '1236'

Tuesdays & Thursdays - 6:45am - 7:45am

Providing a FREE breakfast and packed lunch every Tuesday and Thursday morning from 6:45am-7:45 am for all elementary school aged children – No sign up needed!

FREE Oshawa Library Kids Club - Wed Dec 10 4-5pm - No Sign Up Needed

* At 439 Dean Avenue, Oshawa - Please buzz 'DRNPHC Groups'

Oshawa Public Library will continue to be onsite during December for Children and Youth to attend the drop-in program. Some activities include interactive storytelling, games, crafts, tech and more! Please see the calendar for the schedule!

If you need assistance with anything, DRNPHC's Community Support Team is available. Please contact Marni. Marni

Bell: 905 436 6610 ext. 233 or Marni.Bell@durham-housing.com

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|--|--|---|--------|
| NOV | 4 Brunchkins (6:45am-7:45am) *CSP Adults & Seniors 10am-11am (Bingo) | 5 *CSP Children/Youth Groups 4pm-5pm (Learn to Crochet Day) | 6 Brunchkins (6:45am-7:45am) | 7 |
| 10 | 11 STAT HOLIDAY - CLOSED | *CSP Children/Youth Groups 4pm-5pm (Bingo) | 13 Brunchkins (6:45am-7:45am) *Community Safety Talk @ 6pm-8pm | 14 |
| 17 | 18 Brunchkins (6:45am-7:45am) CSP Adults & Seniors 10am-11am (Bingo) | *CSP Children/Youth Groups 4pm-5pm (Slime Making Day) *Adult & Seniors Group 6- 7pm (Wellness: Mental & Physical) | 20 Brunchkins (6:45am-7:45am) | 21 |
| 24 | 25 Brunchkins (6:45am-7:45am) CSP Adults & Seniors 10am-11am (Pottery Painting) | *CSP Children/Youth Groups 4pm-5pm (Cooking Day) | 27 Brunchkins (6:45am-7:45am) | 28 |

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---|---|-------------------------------------|-----------------------------------|
| 1 DEC | 2 Brunchkins (6:45am-7:45am) CSP Adults & Seniors 10am-11am (Bingo) | 3 *CSP Children/Youth Groups 4pm-5pm (Winter Wonderland Activities) | 4 Brunchkins (6:45am-7:45am) | 5 |
| 8 | 9 Brunchkins (6:45am-7:45am) CSP Adults & Seniors 10am-11am (Bingo) | 10 *CSP Children/Youth & Oshawa Library Kids Club 4:00 pm-5:00 pm "Button Making" | 11 Brunchkins (6:45am-7:45am) | 12 |
| 15 | 16 Brunchkins (6:45am-7:45am) CSP Adults & Seniors 10am-11am (Holiday Fun) | *CSP Children/Youth Groups 4pm-5pm (Holiday Fun) *Adult Group 6-7pm (Coping with Holiday Stress) | 18 Brunchkins (6:45am-7:45am) | 19 |
| 22 | 23 No Programming | 24 DRNPHC Office hours 8:30am - 1pm | 25 STAT HOLIDAY - CLOSED | 26 STAT HOLIDAY - CLOSED |
| 29 | 30 CSP Adults & Seniors 10am-11am (Bingo) *CSP Children/Youth Groups 11am-12pm Surprise Activity | 31 DRNPHC Office hours 8:30am - 1pm | | |